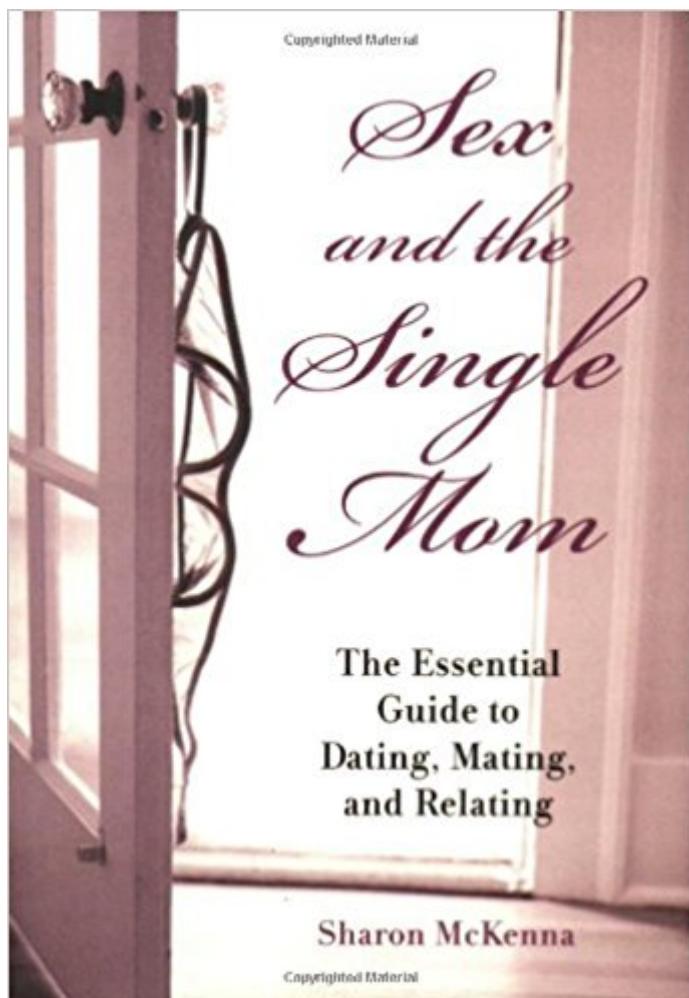


The book was found

Sex And The Single Mom: The Essential Guide To Dating, Mating, And Relating



Synopsis

She can juggle a baby in one hand and a laptop in the other, but when it comes to dating, the average single mom is lost. In **SEX AND THE SINGLE MOM**, Sharon McKenna shows you how to successfully navigate the dating world as a single mother, including figuring out what you want from a relationship, making over your body and attitude, rediscovering your sexual confidence, and embracing the life you have. This is a smart, empowering, and lighthearted guide to enjoying men and motherhood without losing your self-esteem-or your sanity.

Book Information

Paperback: 208 pages

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Product Dimensions: 5.1 x 0.6 x 7.2 inches

Shipping Weight: 4.8 ounces

Average Customer Review: 3.7 out of 5 starsÂ [See all reviewsÂ \(3 customer reviews\)](#)

Best Sellers Rank: #904,178 in Books (See Top 100 in Books) #142 inÂ Books > Parenting & Relationships > Parenting > Single Parents #890 inÂ Books > Self-Help > Relationships > Dating #3214 inÂ Books > Self-Help > Sex

Customer Reviews

The title and topic are great. It's not easy returning to the dating scene once you become a single mom (either by choice or through divorce). It would be great to have a good book on the topic but this is not that book. The book just didn't contain any information that you really wouldn't have thought of on your own and it didn't help in other ways such as being funny or providing support, etc.

This book is a gem! I only wish I'd found it earlier in my dating life. It's like having the funniest, most supportive, and wisest girlfriend with you at all times. Tons of great tips on navigating dating as a single mom, on feeling fabulous about yourself, avoiding pitfalls.... If you're a single mom (or even a single gal without kids), this book will arm you with feel-good, feel-strong, heart warming advise to get you through the rough patches. Love it.

An easy and educational read for any single man out there in today's dating world.

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